

# Air pollution affects you from your first breath to your last



Air pollution:  
Find out how to protect yourself and your family



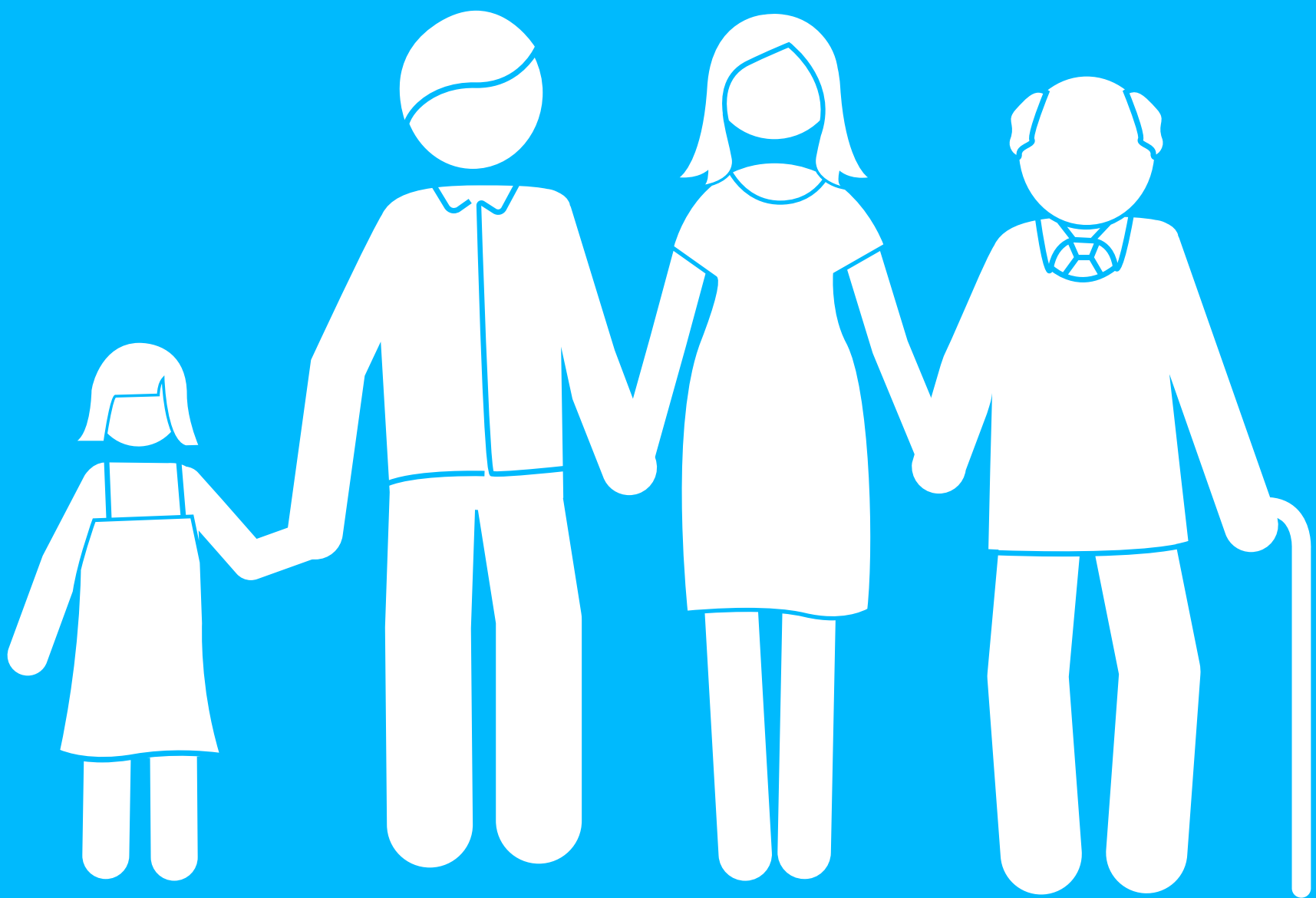
Llywodraeth Cymru  
Welsh Government

#CleanAirDay  
[cleanairday.org.uk](https://cleanairday.org.uk)

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# Together we can make 18 June a Clean Air Day



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**Diwrnod Aer Glân**  
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# Give your car the day off



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# Discover the side streets



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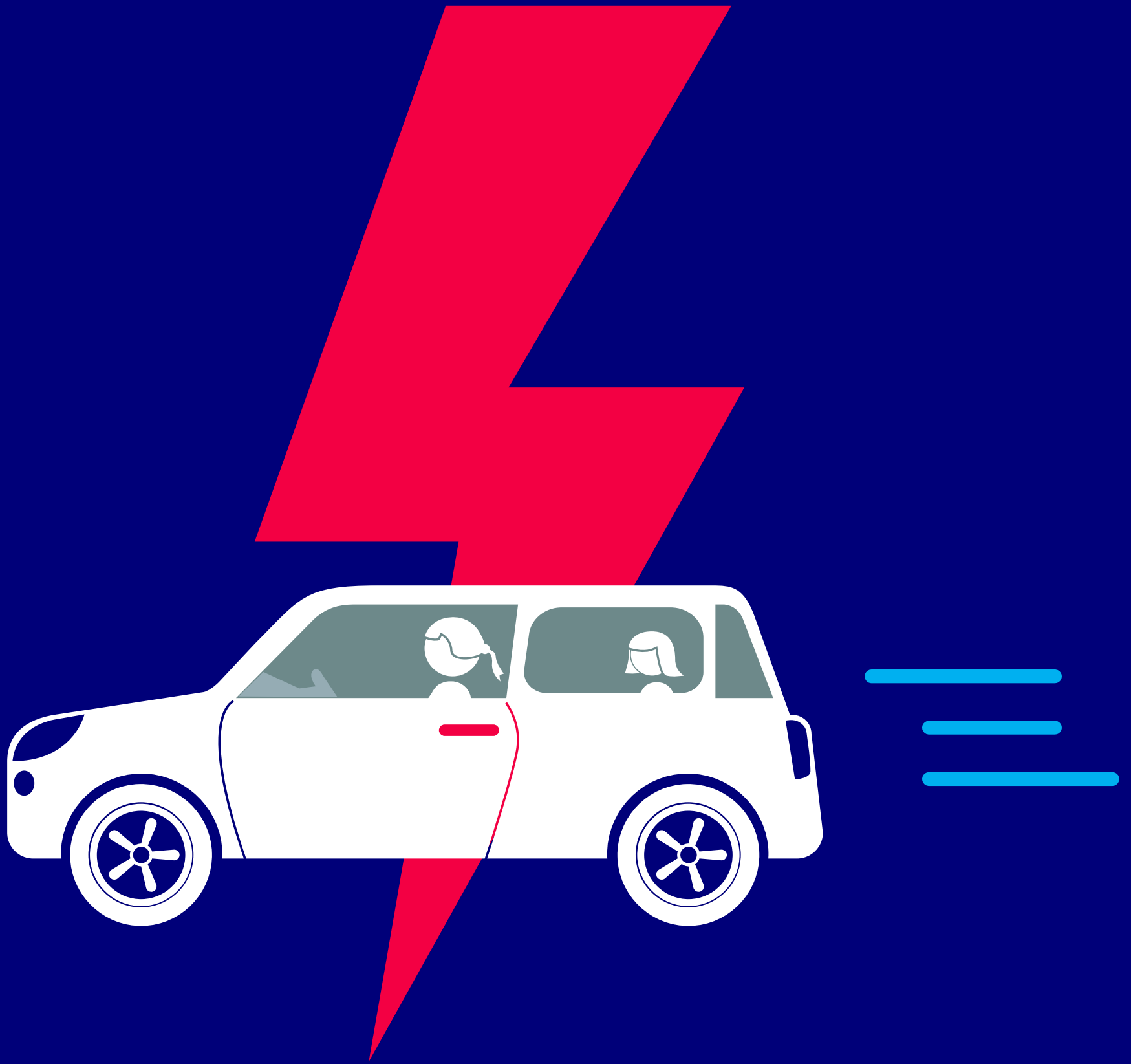
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# Go electric



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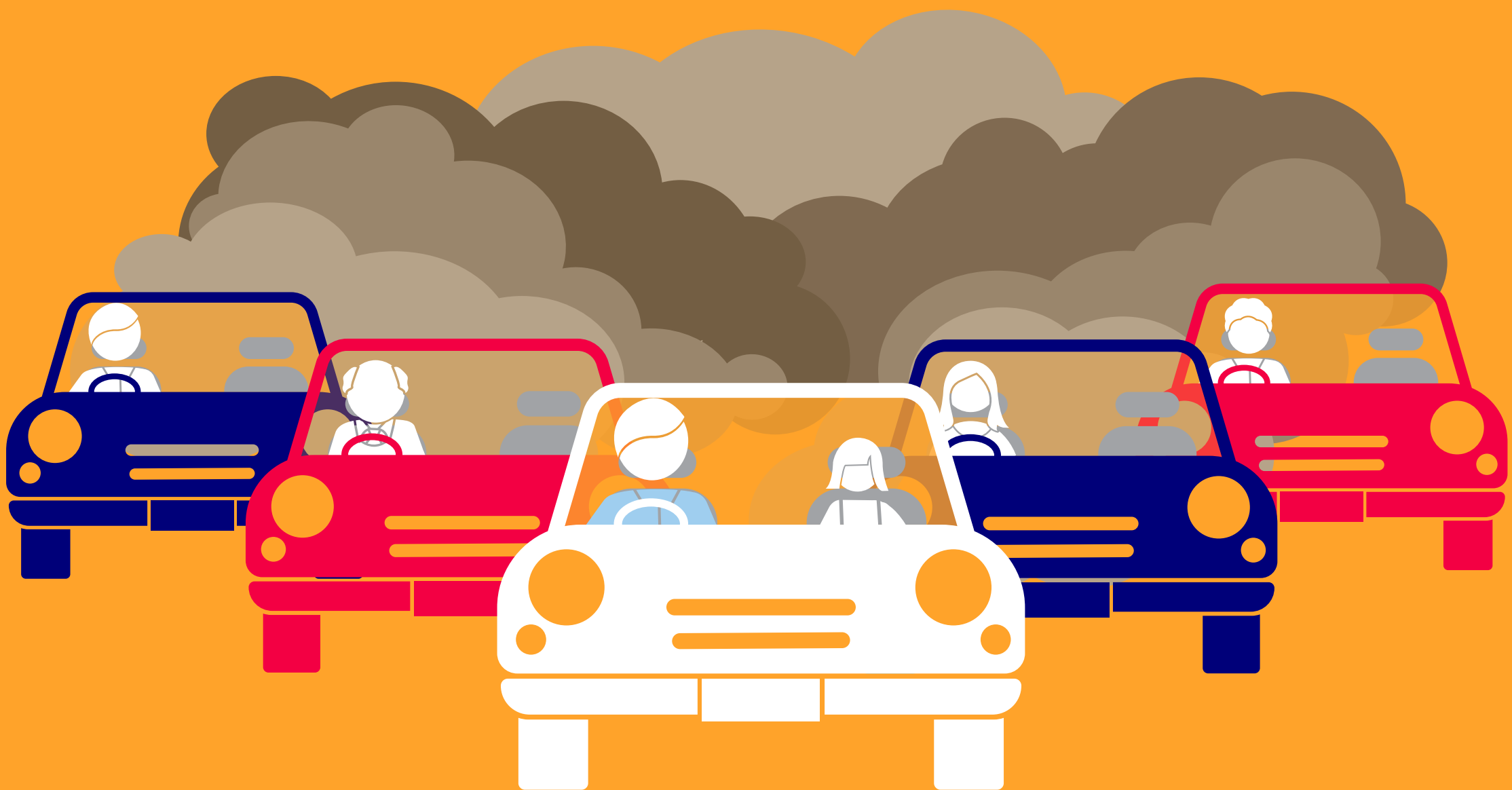
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# Don't idle your engine



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