**Newsletter**

**Protect our children’s health from air pollution this #CleanAirDay #CleanAirDayScot –– 17 June**

Clean Air Day is coming up on 17 June with the theme ‘protect our children’s health from air pollution’. The annual campaign is a moment when thousands of people up and down the country come together to collaboratively voice support, hold events, make pledges and take action on toxic air.

Children are more vulnerable to the effects of air pollution; it not only impacts their health but also their ability to learn. The damage can start in the womb and carry on through to old age. As we return to our lives, we must take this opportunity to create a clean air environment where they can learn and play safely.

This year, we will be supporting the campaign *[optional]* by *[insert information about what you are doing on Clean Air Day or how your organisation has reduced air pollution recently].*

Please find a list of key actions you can take to support #CleanAirDay below. We have a once in a lifetime chance for change. Let’s use it.

**Drive less**

1. **Give your car a day off** – Walk, cycle or take public transport if you are travelling to work or school, or work from home
2. **Use quieter streets** – Use quieter streets when you’re on a bike or on foot to avoid polluted main roads.
3. **Avoid non-essential, polluting deliveries** – avoid non-essential, polluting deliveries - instead choose bicycle deliveries, bundle orders, choose to click and collect, or shop locally.

**If driving is essential:**

1. **Go electric** – There are lots of ways you can travel electric. Hire an electric car, taxi or test drive an electric vehicle today.
2. **Don't idle** – If you drive, turn off your engine when your vehicle is stationary, and it is safe to do so.

**Wise up**

1. **Learn more about air pollution** - visit and share the [www.scottishairquality.scot/](http://www.scottishairquality.scot/) with everything you need to know about air pollution in one place.
2. **Support local change** – talk to your local Councillors and MSP about air pollution in your area and ask what you can do to support the local plan (and if there isn’t one, demand one).
3. **Share your experiences –** let others know what you are doing to tackle air pollution and help inspire others at @CleanAirDayUK #CleanAirDay #CleanAirDayScot.

[*optional*] Over recent years we have [insert information about how your organisation has reduced air pollution]

*[optional*] On Clean Air Day find out how you can play your part in keeping our air clean and keep on feeling the difference.

*[select some ideas to promote]*

To get involved in Clean Air Day and learn more about the part you can play visit cleanairday.org.uk/scotland or search #CleanAirDay. Due covid-19, please ensure that any activities you undertake meet with your government’s guidelines.

Clean Air Day is coordinated by © Global Action Plan on behalf of over 250 Supporter organisations.